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CINCINNATI, OHIO

A RECIPE FOR CROQUETTES

May Be Made From Left Overs With-
Out Much Effort or
Expense.

The foundation for croquettes is a thick cream sauce in the proportion of two even tablespoonfuls butter, four heaping tablespoonfuls flour, or two heaping tablespoonfuls cornstarch, one pint rich milk or thin cream, a half-teaspoonful each salt and celery salt and pepper or cayenne to season. Scald the milk, melt the butter, add the flour or cornstarch and stir until "bubbly." Add part of the hot milk and keep stirring as it boils and thickens. Add more milk until all has been used. Then add the seasoning and mix the sauce while hot with the chopped meat, fowl or fish, allowing from one cupful to two, according to the kind and the amount you have on hand.

If desired, one beaten egg may be added just as the mixture is taken from the fire. Spread on a shallow plate to cool.

Shape into rolls or pear-shaped ovals, roll lightly in fine bread crumbs, dip in beaten egg mixed with a table-spoonful of milk, then in crumbs, and fry in smoking hot fat.

If you have not enough of any one kind of meat, you can make combinations, according to the contents of the ice box. Mushrooms, boiled rice, veal or pork can be mixed with chicken. Sweetbreads and oysters can be combined, also sweetbreads, boiled rice and mushrooms, fish and rice, ham and macaroni.

EMMA PADDOCK TELFORD.

A TASTY HOME-MADE ICE

Simple Way of Preparing Them That
Will Please the Little
Folks.

The hostess who does not feel she can afford individual ices for her children's party will delight them by buying the tiny red flower pots in which seedlings are grown.

These are carefully scrubbed or lined with paraffin paper and filled with ice cream to represent soil. Use either chocolate or coffee flavors or vanilla sprinkled over the top layer with cinnamon or macaroons finely grated.

The decoration of the pots can be varied, one or two short-stemmed flower in color to match decoration, a twig of a flowering bush as deutzia or mock orange, or sprigs of box or myrtle. Wrap the stems in paraffin paper before insertion in the ice cream.

The pots can be stood on lace doilies on bread and butter plate. This can be festooned with vines or with a wreath of flowers like those in pot.

Carving Meat.

To successfully carve meat one must know how to control the knife. When carving a slice of meat, after the first incision has been made the angle at which the knife is held must never be altered, or a jagged slice will be the result.

The cut should be direct, sharp and incisive. The sawlike motion should not enter into the operation.

As a rule, the knife should be held firmly, but applied lightly, so that too much juice will not be squeezed out from the meat. By using the point of the knife lightly as a wedge and the fork as a lever, even a big fowl may be easily jointed, provided the carver is aware of how the joint is exactly situated and held together.

Economical Omelet.

To the well beaten yolks of three eggs add one-half cupful of milk, one cupful of bread crumbs, which have been well softened in the milk, and one-fourth teaspoonful of salt; mix thoroughly; then fold in the whites of the eggs beaten to a stiff froth. Turn at once into a well-heated frying pan in which is a tablespoonful of hot butter. Cook slowly until set and nicely browned. Its lightness is better retained by cutting in sections and turning each part separately.

Strawberry Cheese.

Line little patty pans with puff paste and fill with uncooked rice; bake in a hot oven; cook in a double boiler until the mixture thickens the yolks of three eggs, the grated rind and juice of half a lemon, one cupful of butter; remove from the fire, and when partially cooled stir in one cupful of crushed strawberries; when cool, fill into the pastry shells and cover with a soft boiled icing. These are delicious, but must be eaten fresh.

Corn Muffins.

Sift together a pint and a half of flour, one cupful of cornmeal, three teaspoonfuls of baking powder, one teaspoonful of salt and one table-spoonful of sugar. Add two table-spoonfuls of butter or lard, heated to soften (the lard makes more tender gems); one pint of milk and two beaten eggs. Have muffin tins hot and well greased and fill with the batter. Bake in a hot oven.

Preserving Hint.

To keep small fruit, such as strawberries, from rising to the top after canning, and thus becoming tasteless, turn the cans three times a week till the fruit is saturated with the sirup and will remain in the bottom of the can. I learned this from experience.

Dustless Duster.

A dustless duster is made by sprinkling cheesecloth with kerosene and shutting it up in a can or rolling tight in newspapers. This will take up dust without scattering.

MAKES MONEY IN REALTY

Remarkable Success of Mrs. Lillian G. Johnson Shows What a Plucky Woman Can Do.

Those who wonder if it is possible for a person who is without money or influence to achieve success in the business world should go to Mrs. Lillian G. Johnson for their answer. Ten years ago Mrs. Johnson was friendless and almost penniless in New York and with an aged mother and several children depending upon her for their support. Today she is one of the most successful real estate dealers in New York city. Only recently she closed a deal for a million dollars, netting a clean profit of \$10,000 as remuneration for 24 hours' hard work. All the capital she had at the start was a measureless reserve force of courage and self-confidence and a little more than \$60 in cash. It may read like a fairy tale, but there is nothing imaginative about the story, as Mrs. Johnson tells it. "I became a real estate dealer through necessity," she said. "I knew that I had to make money, and a lot of it, and real estate was the only business I knew anything about. So I looked around and finally bought a house in one of the growing suburbs, paying \$60, practically every cent I had in the world, as a deposit. About a week later I sold it with a large profit of \$1,000, and it was this money that enabled me to hire an office and get a start."—The Bookkeeper.

HIS IDEA.



The Landlady—How do you like the coffee?

Mr. Hall Roome—Well, if it was half as strong as the butter, it would be all to the good.

DOUBLE MAN OF SCOTLAND.

The two-headed girl, Millie Christine, was probably one of the most extraordinary freaks of nature born since the days of the strange creature described in the "Historia Rerum Scoticarum" of George Buchanan. This being lived in the reign of James III. of Scotland in the year 1490. It was of the male sex and from the waist up was double. There were two perfectly formed heads, two sets of lungs, two hearts and two pairs of arms. This double body was supported on one pair of legs. This monstrosity was neither repulsive nor displeasing. On the contrary, the dual mental equipment was so perfect that the king engaged a special tutor in languages and mathematics and music. The double man became proficient in all of these studies and it was a favorite royal diversion to have the heads argue with each other on the progress made during the day's work.

NOT EXAGGERATING.

"My dear," says the conscientious wife to her husband, "really, you should not be so extravagant in your statements."

"What's wrong?" asks the man. "Right before the children you told Mr. and Mrs. Brown that when your grandfather got a cold in his chest he would cough so hard his hair fell off. Now, what sort of regard for the truth will our children have if they hear their father telling such—"

"But didn't you know that my grandfather wore a wig?"

MILITANT MAIDS.

"Why shouldn't women vote?" "Well, women don't fight." "Don't they? I thought the English suffragettes had put that old argument out of commission."

LOUDER THAN WORDS.

"Do you believe that a word to the wise is sufficient?" "In a prohibition district a jerk of the thumb is considered sufficient."

Seashore Outing,

Via the Scenic

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